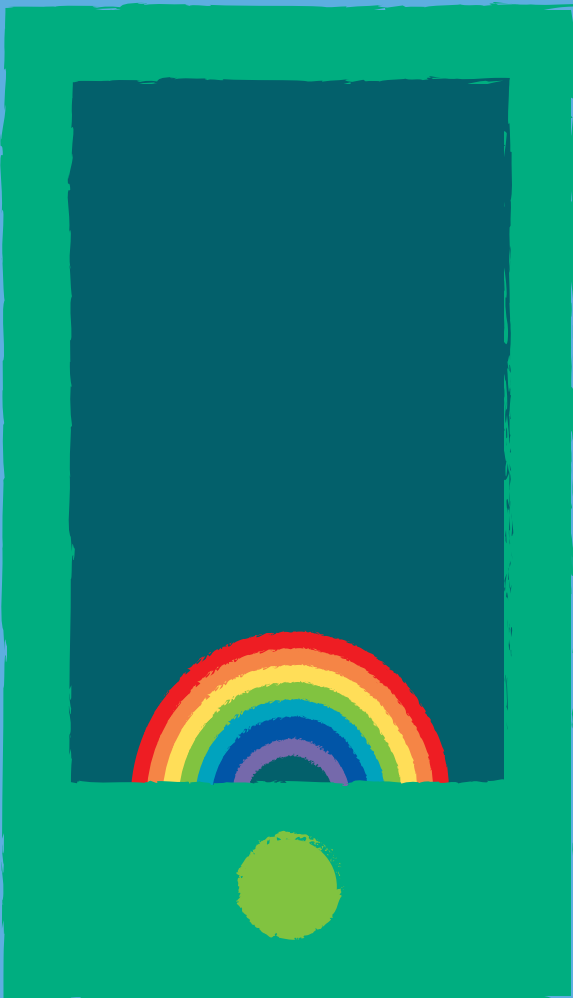


# Here to support NHS and social care workers in England



**Samaritans has launched a new confidential support line for NHS and social care workers.**

Our volunteers are here to support you when you've had a tough day, are feeling worried or overwhelmed, or just have a lot on your mind and need to talk it through.

Call our free confidential support line

**0800 069 6222**

**7am to 11pm, 7 days a week**

Samaritans is a registered charity

Working in  
partnership

**SAMARITANS**

**NHS**